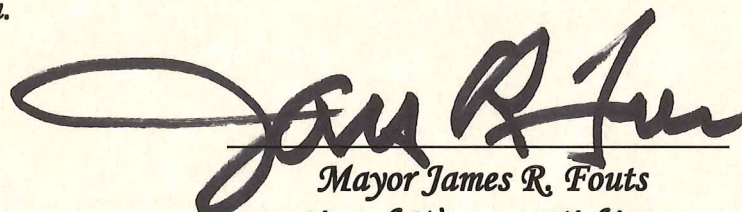


*City of Warren*  
*Mayoral Proclamation*  
*Designating May 2023 as*  
*National Mental Health Awareness Month*

- Whereas,* so many of our friends, colleagues, and loved ones are battling mental health challenges, made worse by the isolation and trauma of COVID-19; and
- Whereas,* Two in five adults report anxiety and depression, and two in five teens describe experiencing persistent sadness or hopelessness, exacerbated by social media, bullying, and gun violence; and
- Whereas,* drug overdose deaths are also near record highs, and suicide is the second leading cause of death among young people; and
- Whereas,* during *National Mental Health Awareness Month*, we honor the absolute courage of the tens of millions of Americans living with mental health conditions; and we also celebrate the loved ones and mental health professionals who are there for those in need every single day; and
- Whereas,* treatment works, and there is no shame in seeking it; and
- Whereas,* together, we will keep fighting to get everyone access to the care they need to live full and happy lives
- Whereas,* we all have a role to play in ending the stigma around mental health issues and it starts by showing compassion, so everyone feels welcome to ask for help; and
- Whereas,* if you or someone you know is going through a tough time, know that it is ok to ask for help; we are all in this together.

*Now, therefore, be it resolved that I, James R. Fouts, Mayor of the City of Warren, Michigan, proclaim May, 2023 as National Mental Health Awareness Month and encourage all citizens, government agencies, private businesses, nonprofit organizations, and other groups to join in activities and take action to strengthen the mental health of our communities and our Nation.*

  
Mayor James R. Fouts  
City of Warren, Michigan